

retiree CenterNews

Fall 2015

Newsletter of the
UC Davis Retiree Center

UC DAVIS RETIREE CENTER

Buehler Alumni Center, Suite 110

Monday – Friday

9 a.m. – noon and 1 – 4 p.m.

We are a two-person office, so please call before visiting to ensure that someone is available.

Website

<http://retireecenter.ucdavis.edu>

Contact information

(530) 752-5182

retireecenter@ucdavis.edu



Gender differences in heart disease: what every retiree needs to know

Dr. Amparo Villablanca, UC Davis Medical Center

Open Enrollment highlights

Guerren Solbach, UC Davis Health Care Facilitator

Thursday, October 22, 2015

2 – 4 p.m. (program begins at 2:30 p.m.)

UC Davis Conference Center Ballroom, Davis, CA

Women are not small men and when it comes to heart disease, women are not immune and often face higher risks and mortality than men. This talk will use an interactive format to discuss gender differences in heart disease, provide an overview of symptoms and risk factors, dispel common myths and review effective evidence-based preventive interventions. While Dr. Villablanca's research focuses on women, the information presented applies to men as well.

Dr. Amparo Villablanca is an academic cardiologist with expertise in heart disease in women. She is a professor of cardiovascular medicine in the Department of Internal Medicine and director of the Women's Cardiovascular Medicine Program at UC Davis. She received her M.D. degree and completed her internal medicine residency and cardiovascular medicine fellowship training at UC Davis.

The fall meeting is generously sponsored by Paradise Valley Estates, a continuing care retirement community in Fairfield, CA.

Register by October 13 by visiting <http://retireecenter.ucdavis.edu> or by calling (530) 752-5182.

INSIDE

UCDRA president's message . . . 2

Join UCDEA or UCDRA 2

UCDEA president's message . . . 3

Dickson award 3

UCDRA scholarship 4

Open Enrollment information 5 & 6

Upcoming events 7

Emeriti award calls 8



The UC Davis Retirees' Association (UCDRA) and the UC Davis Emeriti Association (UCDEA) fall under the umbrella of the UC Davis Retiree Center. The Center serves all retirees and provides support to the UCDRA and UCDEA.

Open Enrollment
for 2016
10/29–11/24/2015

Local and online events scheduled—see pp. 5-6

UC DAVIS
HEALTH CARE FACILITATOR PROGRAM

UCDRA Executive board 2015–2016

Officers

Dave Shelby, President
John Meyer, Vice President
Linda Vieira, Secretary
Diane Mundy, Treasurer
Deanna Falge Pritchard and
Norma Rice, co-Archivists
Janet Hamilton
Immediate Past President

Members-at-Large

Mike Chandler (2015–2017),
CUCRA Alternate Representative
Tom Compton (2015–2017),
UCDRA representative to UCDEA
Carl Foreman (2014–2016)
Bob Halferty (2015–2016)
Kathy Kelly
(Health Sciences, 2015–17)
Ellie Sandoval (2014–2016),
Staff Assembly Liaison

Committee chairs

Marcia Kasabach, Bylaws
Karen Castelli, Membership
Kate Mawdsley, Editorial
John Meyer, Nominating
Carl Foreman and Jerry Johnson
Program (co-chairs with UCDEA)
Silvia Hillyer, Scholarship
Rick Keller, CUCRA Representative

President's Message

As the incoming UCDRA president, I look forward to enhancing the association's value for its membership and for all UC Davis retirees. Past-president Janet Hamilton established genuinely meaningful priorities this past year, providing an excellent foundation upon which to build.

A significant accomplishment of 2014 was establishment of an endowment to support UCDRA staff scholarships. In another area, the Board, in close partnership with the UC Davis Emeriti Association, worked to stay better informed and provide meaningful input to system-wide discussions about retiree benefits, especially those involving health insurance. Yet a third focus was enhancing access to resources to help those caring for family members unable to care for themselves.

Communications will continue to be an overarching issue in terms of how and what to communicate to members. A special task force has been established to brainstorm better ways to keep our membership informed and involved. And, the UCDRA and UCDEA websites were updated with a new and consistent "look and feel" (<http://ucdra.ucdavis.edu> and <http://emeritiassociation.ucdavis.edu>).

Reflecting on last year's accomplishments and looking forward to the coming year, I keep returning to the theme of "relevance." How can the UCDRA efforts continue to result in programs, communications and opportunities that are truly meaningful to retirees? Relevance will be a central focus in the coming year and I welcome your thoughts and suggestions.



Dave Shelby
UCDRA President, 2015-2016

Join UCDEA or UCDRA

The UC Davis Emeriti Association (UCDEA) and the UC Davis Retirees' Association (UCDRA) advocate on behalf of all UC Davis retirees. The associations rely on membership dues to support their efforts to foster the retention and improvement of retiree benefits and privileges at the local and state levels.

The UCDRA and UCDEA offer activities for their members, such as the Fall Fest barbecue, holiday luncheon, BrainFood Talks and tours of campus venues. Members receive discounts on Retiree Center trips and activities as well as free membership in the Osher Lifelong Learning Institute (OLLI).

Dues for the associations are very reasonable. UCDRA annual dues are \$15 and lifetime dues are \$125. UCDEA annual dues are \$25 and lifetime dues are \$200.

To Join

Visit one of the associations' websites (<http://emeritiassociation.ucdavis.edu> and/or <http://ucdra.ucdavis.edu>). Look for the "Learn More" button on the right-hand side of the page. Once on the association's membership page you may join online or print the membership form and mail it to the Retiree Center.

Stay Connected

The *CenterNews* newsletter is only printed once per year. To receive the most current retiree information, subscribe to the Center's email updates which are sent each Tuesday and include news of interest to retirees, campus and community events and *In Memoriam* listings. To subscribe, email the Center at retireecenter@ucdavis.edu or call (530) 752-5182.



President's Message

As I write this, it is still only early August. And yet we are already having a busy start to the new academic year. The UC Davis Emeriti Association (UCDEA) will continue to partner with the UC Davis Retirees' Association (UCDRA) to represent all retired faculty and staff at the local and UC system-wide level.

First, we are monitoring possible future changes to UC health care plans. The UC Office of the President has discussed the potential of creating a new UC Care HMO program that could replace one or more of the current HMOs. Discussions are in the preliminary stages and the Office of the President has held meetings with Academic Senate committees on each campus. In an effort to stay informed about potential changes and to gauge the effects of any changes for retirees, the UCDEA and the UCDRA are creating a small, ad-hoc joint committee on benefits with two initial goals. We will first seek additional information on potential changes and monitor discussions as needed. Then, if it seems necessary and feasible, we will explore how best to structure "lobbying" efforts to advocate for retiree healthcare benefits. We'll keep you informed as we proceed.

Second, we held a special executive committee meeting of the year in early September which was devoted exclusively to assessing our current activities and exploring additions to or subtractions from our current activities. If you have ideas about what we should be doing but aren't, or are doing but shouldn't be, please let me know at llofland@dcn.org.

Finally, we are making plans to host the October meeting of the UC system-wide councils of the emeriti associations and the retiree associations, which meet twice each year to give retiree representatives from each campus a chance to confer with administrators from the UC Office of the President...more later.



Lyn Lofland
UCDEA President, 2014-2016

Edward A. Dickson Professorship Award

Edward A. Dickson served as a regent of the University of California from 1913 to 1946, the longest tenure of any regent. In 1955, Mr. Dickson presented the university with an endowment to support and maintain special annual professorships to be awarded to retired faculty members. In 2003, the Office of the President divided the fund principal into ten separate endowments, one dedicated to each campus, and delegated approval of the award to each individual campus. The award is administered by the UC Davis Emeriti Association on the Davis campus.

The following emeriti were selected for the 2015–2016 Dickson Professorships at UC Davis, working on the specified projects:

- Professor Emeritus Roy Bellhorn, Surgical and Radiological Sciences, School of Veterinary Medicine: "*Vascular permeability of the snake's spectacle during ecdysis*"
- Professor Emerita Nicole Biggart, Graduate School of Management: "*Energy: How energy organizes social life*"
- Professor Emeritus John Meeks, Department of Microbiology and Molecular Genetics: "*Microscopic documentation of protein localization and motility behavior in filaments of the symbiotic cyanobacterium N. punctiforme*"
- Professor Emeritus Dennis Wilson, Pathology, Microbiology and Immunology, School of Veterinary Medicine: "*Translational application of quantitative digital microscopy to patients in veterinary medicine*"

UCDEA Executive committee 2015–2016

Officers

Lyn Lofland, President

Jo Anne Boorkman

Vice President

Peter Hays, Secretary

Tom Sallee, Treasurer

Buzz Haughton, Archivist

John Vohs

Immediate Past President,
CUCEA Representative

Members-at-Large

Joel Dobris (2015–2017)

Bob Flocchini (2014–2016)

Gibbe Parsons (2014–2016)

Committee chairs

Alan Jackman and Bob Smiley
Committee on Committees

Bill Rains
Awards and Recognition

Charley Hess
Emeriti Welfare and Liaison,
Academic Senate Emeriti
Committee

Nora McGuinness, Editorial

James Shackelford and
Gibbe Parsons
Program (co-chairs with UCDRA)

John Vohs, Membership

Bob Rucker
University and Public Relations

Bill Breidenbach and Alex McCalla
Video Records

Charles Lacy, ex-officio

Do you have questions? The Retiree Center has answers...

Questions about retiree ID cards, parking permits, library cards, emeriti or retirees' associations, or other retirement issues?

UC Davis Retiree Center

Telephone: (530) 752-5182

Email: retireecenter@ucdavis.edu

Website:

<http://retireecenter.ucdavis.edu>

Questions about your medical and dental benefits or Medicare?

Health Care Facilitator Program

Telephone: (530) 752-4264 (Davis) or (916) 734-8880 (Sacramento)

Email: gpsolbach@ucdavis.edu

Website:

<http://www.hr.ucdavis.edu/hcf>

Questions about pension income, beneficiaries, change of address, or tax withholding?

Retirement Administration Service Center (RASC) – UC Office of the President

Telephone: (800) 888-8267

Website:

<http://ucnet.universityofcalifornia.edu>

Questions about the UC defined contribution plan, 403(b) or 457(b) plans?

Fidelity Retirement Services

Telephone: (866) 682-7787

Website: <http://netbenefits.com>



UCDRA awards 2015 Staff Scholarship

Juanita Braxton, recipient of the UCDRA staff scholarship for 2015, will be able to complete three of the four residencies required for her doctorate in public health with the award. In her application she said, “My research interest is finding ways to connect lower income residents, particularly the elderly, with adequate and sustainable health care. My desire to get a Doctorate in Public Health is to be of service to those trying to live a well and more balanced life.... My research focus is Adolescent Hypertension. It is important, especially

in the African-American community, to address this chronic disease at an early age. Having this degree will allow me to help make positive policy decisions to change the way we diagnose and monitor children and teens with hypertension.”

Juanita has been with the UC Davis Health System for ten years. She is now manager of the F. William Blaisdell Surgical Education Program, which coordinates the residencies and fellowships in general and specialized surgery of about 120 doctors. She has served as president of the national professional organization for this very specialized field, the Association for Program Coordinators in Surgery. Of this aspect of her work she said, “Being a mentor/leader is rewarding and satisfying by helping other UC Davis Health System graduate medical education coordinators as well as health system administrators realize their goals by encouraging and supporting them.”

UCDRA 25th Anniversary Campaign

To honor its 25th anniversary, the UC Davis Retirees' Association (UCDRA) launched a campaign in fall 2014 to endow a scholarship fund for a UC Davis staff person who is pursuing his/her education while working. The campaign was named “25 for 25” to signify the 25th anniversary and the minimum of \$25,000 needed to establish an endowment at UC Davis. When considering ideas to commemorate this significant anniversary, the Board decided endowing a scholarship would be the best way to establish a lasting legacy. The UCDRA has sponsored a scholarship since 1999, paid out of annual member dues. The endowment will create a secure funding source for future awards.

When the campaign was launched in 2014, a total of \$12,000 had already been pledged from the UCDRA and UC Davis Emeriti Association (UCDEA) board members. Retirees have continued to contribute since that time and the fund is currently at \$17,866.00. We are so very close. Your contribution would help to endow the fund and enable staff members achieve their academic goals.

You can help! We are all so very grateful for the careers that we enjoyed at UC Davis. Help us to help future generations.

Contributions may be made immediately or pledged over several years. To learn more, visit <http://ucdra.ucdavis.edu/scholarship.html>. Thank you in advance for your support.

Silvia Castillo Hillyer, UCDRA Staff Scholarship Chair



Presentations for UC Retirees

Presentation: UC Retiree Medical Plans

- Friday, October 30, 2015 @ 10:00 a.m. in the ARC Ballroom, Davis campus
- Friday, October 30, 2015 @ 1:00 p.m. in the ARC Ballroom, Davis campus
- Monday, Nov. 2, 2015 @ 10:00 a.m. in the MIND Institute Auditorium, Sacramento campus
- Monday, Nov. 2, 2015 @ 1:00 p.m. in the MIND Institute Auditorium, Sacramento campus

Health Care Facilitator Guerren Solbach will provide a general overview of the medical insurance plans that UC offers to retirees and their dependents. All of UC’s 2016 medical plans, both with and without Medicare, will be compared and contrasted. UC’s Medicare requirements will also be discussed.

Seating for HCF Program Presentations and Help Desks is first come, first seated. Reservations are not required. (Approximately 2 hours.)

Help Desks @ **UC DAVIS** **RETIREE CENTER**

Guerren Solbach and Erika Castillo from the UC Davis HCF Program will offer **Help Desks** on **November 16 & 18 at the Retiree Center** (in the Alumni Center) to assist retirees with questions during Open Enrollment. Assistance is first come, first served; retirees are asked to arrive within the following time windows to reduce waiting times:

- **Last names A – E: Monday, November 16, 8 a.m. – noon**
- **Last names F – K: Monday, November 16, 12:30 – 4 p.m.**
- **Last names L – Rh: Wednesday, November 18, 8 a.m. – noon**
- **Last names Ri – Z: Wednesday, November 18, 12:30 – 4 p.m.**

If you cannot arrive during your suggested window of time, then come when you can within these time periods.

For **Help Desks**: If you have Internet access, it would be helpful if you could come prepared with your At Your Service Online user name/password. If you don’t know your password, you can use atyourserviceonline.ucop.edu to reset it. (If you are locked out of your account call 1-800-888-8267, Mon. – Fri., 8:30 a.m. – 4:30 p.m. for assistance.)

If you are eligible for less than 100% of the UC contribution toward medical/dental insurance:

To see your rates for next year, log on to <http://atyourserviceonline.ucop.edu> during **Open Enrollment**, October 29 @ 8 a.m.—November 24 @ 5 p.m.

No access to the Internet?

For rates, **during Open Enrollment** call the UC Retirement Administration Service Center at 1-800-888-UCOP (8267) to speak with an Open Enrollment Customer Service Representative.

Open Enrollment booklets should be sent by mail beginning 10/23/2015

Streaming video:

Can't attend? For your convenience, presentation slides and streaming video of narrated slideshows will be available on the HCF Program website shortly after the scheduled presentations:

<http://www.hr.ucdavis.edu/hcf>



Parking for HCF Program Presentations

Parking for the **Activities & Recreation Center (ARC)** and the **Retiree Center:**

Parking on the Davis campus requires a permit and will be first come, first served. If you do not already have a complimentary UC Retiree (RT) permit, daily permits can be purchased for \$9.



The Retiree Center is located in the Walter A. Buehler Alumni Center, in Suite 110, on the Davis campus.

Parking for the **MIND Institute Auditorium, 2825 50th Street:** Parking on the Sacramento campus requires a permit and will be first come, first served. If employee parking adjacent to the MIND Institute is unavailable, please use the 3rd Floor (or higher) of Parking Structure #2 adjacent to the Ellison Ambulatory Care Bldg., 4860 Y Street. If you have a complimentary Retiree (RT) permit, please take your permit and entry ticket to the cashier's office on the first floor of the garage for a free validation. If you do not already have a complimentary UC Retiree (RT) parking permit, tell the attendant located on the first floor that you were here for the Benefits presentation and pay no more than \$6.00.

For information on how to obtain a free RT parking permit:

<http://retireecenter.ucdavis.edu> (click on Retiree Benefits) or call (530) 752-8277.

UCDAVIS

HEALTH CARE FACILITATOR PROGRAM

STAY CONNECTED: Mark your calendars for upcoming retiree events in 2015-2016

Please visit the UC Davis Retiree Center website for details and updates: <http://retireecenter.ucdavis.edu>

2015

Retiree Fall Fest

Date/Time: Saturday, September 19, 4 – 6 p.m. Location: Walter A. Buehler Alumni Center, Davis campus

BrainFood Talk

Date/Time: Thursday, October 1, 11:30 a.m. – 1 p.m. Location: Walter A. Buehler Alumni Center, Davis campus

UCDEA/UCDRA Fall Meeting

Date/Time: Thursday, October 22, 2 – 4 p.m. Location: UC Davis Conference Center, Davis campus

Open Enrollment

Dates: Thursday, October 29, 8 a.m. to Tuesday, November 24, 5 p.m.

BrainFood Talk

Date/Time: Thursday, November 12, 11:30 a.m. – 1 p.m. Location: Walter A. Buehler Alumni Center, Davis campus

Campus Tour: UC Davis Comprehensive Cancer Center (UCDEA/UCDRA members only)

Date/Time: Wednesday, November 18, 10 a.m. Location: Sacramento campus

Holiday Luncheon

Date/Time: Thursday, December 10, 11 a.m. – 1 p.m. Location: Walter A. Buehler Alumni Center, Davis campus

2016

BrainFood Talk

Date/Time: Thursday, January 14, 11:30 a.m. – 1 p.m. Location: Walter A. Buehler Alumni Center, Davis campus

UCDRA Winter Meeting

Date/Time: Thursday, February 11, 11:30 a.m. – 1 p.m. Location: MIND Institute, Sacramento campus

BrainFood Talk

Date/Time: Thursday, March 10, 11:30 a.m. – 1 p.m. Location: Walter A. Buehler Alumni Center, Davis campus

Campus Tour: Confucius Institute (UCDEA/UCDRA members only)

Date/Time: Wednesday, March 16, 2 – 3 p.m. Location: Robert Mondavi Institute for Food and Wine, Davis campus

Day trip: Mare Island

Date/Time: Thursday, March 31 Location: departs from Parking Lot 2, Davis campus

BrainFood Talk

Date/Time: Thursday, April 14, 11:30 a.m. – 1 p.m. Location: Walter A. Buehler Alumni Center, Davis campus

Campus Tour: TBA (UCDEA/UCDRA members only)

Date/Time: Tuesday, April 26 Location: TBA

Day trip: Bay Model and Sausalito

Date/Time: Thursday, May 26 Location: bus departs from Parking Lot 2, Davis campus

UCDEA Spring Meeting

Date/Time: Thursday, May 12, 2 – 4 p.m. Location: Walter A. Buehler Alumni Center, Davis campus

UCDRA Spring Meeting

Date/Time: Thursday, May 19, 2 – 4 p.m. Location: Walter A. Buehler Alumni Center, Davis campus

Calls for Distinguished Emeritus/a and Panunzio Awards

Fall brings the call for nominations for two prestigious emeriti awards, both of which are administered by the UC Davis Emeriti Association (UCDEA).

UC Davis Distinguished Emeritus/a Award

The Distinguished Emeritus/a Award honors outstanding scholarly work or service (e.g., service in professional, university, Academic Senate, emeriti/ae, or departmental editorial posts or committees) performed since retirement by a UC Davis emeritus/a in any discipline.

The recipient will be recognized at the Emeriti and Academic Retirees luncheon on January 25, 2016, and will receive a plaque and a cash award of \$1,000.

The deadline to apply for this award is October 30, 2015.

Constantine Panunzio Distinguished Emeriti Award

The Constantine Panunzio Emeriti Award is a UC system-wide award that honors outstanding scholarly work or educational service (e.g., service in professional, university, Academic Senate or departmental editorial posts or committees) performed since retirement by a University of California emeritus or emerita in the humanities or social sciences.

Typically, a total of one or two awards are granted annually from the nominees from all ten UC campuses. The award is announced in April of each year and the recipient(s) will receive a \$5,000 prize.

The deadline to apply for this award is November 16, 2015.

Nomination Process

Nominations for both awards should be submitted to the UCDEA Awards and Recognition Committee. Emeriti/ae may nominate themselves or colleagues. Nomination packets must include:

- a cover letter outlining the nominee's distinctive scholarly work or service since retirement
- a curriculum vitae listing accomplishments since retirement
- the names of three to five references who could write supporting letters (Panunzio Award only)

Nominations should be submitted electronically to retireecenter@ucdavis.edu.

For additional information, please visit <http://emeritiassociation.ucdavis.edu/awards>.

Address Service Requested

STAY CONNECTED... Join the UC Davis Retiree Center for the following events in Fall 2015:
Oct. 1: BrainFood Talk
Oct. 22: Fall Retiree Meeting
Nov. 12: BrainFood Talk
Dec. 10: Holiday Luncheon
OPEN ENROLLMENT
Oct. 29 through Nov. 24

UC DAVIS
RETIREE CENTER
University of California, Davis
One Shields Avenue
Davis, CA 95616

