Retiree shares rugby memorabilia; Dairy Queen Blizzard benefits Children's Hospital

Olympic Rugby's Reigning Champion Celebrated at UC Davis
Alma Mater

Special Reception for Colby E. "Babe" Slater

Saturday, July 30; 4:30 p.m. - 6 p.m.
Shields Library, UC Davis campus

Registration required: RSVP online by July 21

This summer rugby will be played at the Olympic Games for the first time since 1924, when team captain Colby E. "Babe" Slater - a University of California, Davis, alum, two-time gold medalist and member of the International Rugby Hall of Fame - led the American team to victory. The upset over the French team at the 1924 Paris Games made headlines on both sides of the Atlantic.
To celebrate rugby’s return to the Olympic stage, the UC Davis Library is showcasing its unique collection about Slater’s life, including his gold-medal-winning Olympic experiences in 1920 and 1924, service in World War I, and leadership on campus and in the greater Sacramento area. Materials from the collection were presented to the International Olympic Committee as they considered reintroducing rugby to the Olympics.

Slater’s son-in-law, Dick McCapes, who, together with his late wife, Marilyn Slater McCapes, donated the materials to Special Collections, will be at an event to celebrate Slater’s legacy at the UC Davis Library on Saturday, July 30, from 4:30 to 6 p.m. Event details are available online. Read the whole story here.

**COLA to appear in July 31 checks**
As previously announced, cost-of-living adjustments are effective July 1, 2016, and will appear in checks paid July 31. Information about the amount of the COLA and how it is calculated, is available on the UCnet website.

**Previously announced events**

- **Retiree Center Caregiver Resources Brown Bag**
  Thursday, July 28; noon - 1 p.m.; Allewell Room; Buehler Alumni Center, Davis campus. Reservations required; email the Retiree Center.

- **Retiree Center Events**

  - **Fidelity individual consultations**
    Retirees can schedule in-person or telephone consultations with the UC Davis Fidelity guidance counselor who can review your investments, advise about social security and help with long-term planning for UC retirement accounts. Click here to schedule online or call (530) 752-5182; to schedule a telephone consultation, leave a message at (916) 759-6835.

  Click here to view the UC Davis Retiree Center calendar.

**UCDEA/UCDRA News & Events**

**Emeriti Faculty Continue Scholarly Work**
Like many retirees, UC Davis professors don’t quit working when they retire. Some say they’ve done their most significant work since retiring. The survey of UC emeriti conducted by John Vohs continues to illuminate the contributions of our emeriti, and alluded to those from retired staff. The College of Letters and Sciences featured John’s writing, as did The Chronicles on Higher Education.

  Link to College of Letters and Sciences
  Link to The Chronicles on Higher Education

The UC Davis Retirees' Association (UCDRA) and the UC Davis Emeriti Association (UCDEA) advocate for all retirees. Members receive discounts on
Retiree Center activities and free membership in the Osher Lifelong Learning Institute (OLLI) at UC Davis. Please support their efforts by joining or renewing.

**Davis campus & community events**

"16-17" Mondavi Season announced

Subscription and single ticket sales have begun for the 2016-2017 season. Retirees receive the same 10% discount as staff (use your retiree AggieCard if needed). [Visit the website for more information.]

**Aggie Tip Sheet for July**

Read what's trending (World's first 1K processor chip, Applegate's last lecture, Inspiring new student); top stories with media highlights; Institutional highlights; distinctions in brief, or just UC Davis by the numbers (fall 2015 student enrollment: 36,104; faculty/academics: 4,200; staff: 15,300; campus area [you'll need to check it yourself]).

**Atari Party 2016**

Saturday, July 30, noon - 5 p.m.
Mary L Stephens Davis Branch Library
315 E. 14th Street, Davis

Atari Party is an annual retrogaming and classic computing exhibit, typically held in Davis, California. Each year, volunteers set up video game systems, computers, and even sometimes arcade cabinet for the public to come and enjoy. [Learn more.]

**Sacramento campus & community events**

Dairy Queen Blizzard event fundraises for UC Davis Children's Hospital

[Click here to view the UC Davis academic and events calendar.]
Buy a BLIZZARD, Make a MIRACLE!

Miracle Treat Day at UC Davis Children's Hospital
Tuesday, July 19 - 11 a.m. to 1 p.m. &
Wednesday, July 20 - 7 p.m. to 9 p.m.

Faculty, staff and students are invited to purchase a Dairy Queen Blizzard and support sick and injured children at UC Davis Children's Hospital, in recognition of Miracle Treat Day on Tuesday, July 19 and Wednesday, July 20. Click here for more information.

Sacratomato Festival
Saturday, July 23; 4 p.m. - 6 p.m.
Sutter's Fort State Historic Park
2701 L St, Sacramento, CA

The third annual Sacratomato Week (during which midtown restaurants will present special tomato-centric menus) will culminate with this outdoor festival at Sutter's Fort highlighting the juicy red fruit (or vegetable, depending on your perspective). Click here for more information.

Healthy Bodies are built in the kitchen
Part of the Brown-bag/Workshop series offered by UCDHS WorkLife and Wellness
Wednesday, July 27; noon to 1 p.m.
Cancer Center Auditorium 1100, Sacramento campus

Register to attend: Marina Podoreanu or (916) 734-2760

Too often people have the perception that "healthy eating" is boring eating. Friends, family, TV, and social media would have us believe that in order to "eat healthy and lose weight" we have to drink a special shake and eat romaine lettuce, carrot sticks, and boiled chicken breast. This class aims to prove that perception wrong! We will review basics on menu building, how to fit in the recommended 9+ servings of fruits and vegetables, and give you new meal ideas that you can apply to your daily life. Our goal is to provide simple, quick meals that you will want to try at home. Come to class and walk away with new recipes to try at home and an excitement to whip something up in your kitchen. We hope to have a dish for you to sample during class! More information (please scroll to date.)

Click here to view the UC Davis Health System events calendar.

In remembrance
Kay Ryugo, professor, Plant Science; 6/13/2016; no information regarding services.
Gail Giebler, admin assistant; 6/14/2016; no information regarding services.
Martin Jordan, pharmacy; 6/20/2016; no information regarding services.
The Retiree Center reports the passing of UC Davis retirees when we become aware of deaths. Please email the Center if you hear of a death or service for a colleague.

**After the Death of a Loved One** is a checklist for UC Davis retirees and their spouses or partners. Get the booklet at retiree events or click here for a print-friendly download.

Widow or widower support group (dinner and conversation) -- Tuesdays, 4 p.m., Black Bear Diner, Davis. For more information, email Larry Dean.

**Widowed Persons Association of California** has chapters throughout the state. If there is not a chapter in your area, you can start one.

### Questions & Answers

**Questions about retiree AggieCards, parking permits, email etc?**
Contact the Retiree Center at retireecenter@ucdavis.edu, (530) 752-5182, or visit the Center's retiree benefits webpage.

**Questions about retiree medical and dental benefits or Medicare?**
Call the UC Davis Health Care Facilitator Program, (530) 752-7840 (Davis) or (916) 734-8880 (Sacramento), or visit the HCFP website.

**Questions about pension, beneficiaries or tax withholding?**
Call the Retirement Administration Service Center (RASC), (800) 888-8267, or visit the UCNET website.

**Questions about UC defined contribution plan, 403(b) or 457(b)?**
Call Fidelity Retirement Services, (866) 682-7787, or visit the Fidelity NetBenefits website.