Retiree Center closed 7/14 for Resource Fair

Our morning starts early, and there is much to do. We will not be in the office Thursday, July 14.

A Look Inside Arts Colonies for Older Adults

Read the following quotes and see if you can guess what kind of place the people quoted in a recent news show are talking about:

- "I'm pursuing my dream. Absolutely."
- "This is a dream where I can come to a place and be who I really am."
- "I love to make people laugh. I have a humorous streak in me. I don't know where that came from because it sure as hell didn't come from my parents."
- "I think it's the stretching of the brain, being challenged to do something that you have not done before or doing something that you have done before but doing it better."

Chances are you didn't guess "senior housing." But if you did, you were right.

From the KVIE website, a recent segment on the Canadian news show The National took an in-depth look at the amazing goings-on inside the senior artists colonies created by EngAGE as an alternative to traditional facilities for older adults by offering college-level arts courses to residents.

"Research from these centers proves seniors who take part in these high-level arts
programs have better cognitive function, visit the doctor less, take less medication and live independently far longer. And they're happier because they're not only living, they're learning,” says The National reporter. Read more. More information on the EngAGE organization.

Previously announced events

Retiree Resource Fair
Thursday, July 14; 9 - 11:30 a.m.; Reservations required: please contact the Retiree Center by email or telephone. Click here for more information.

Monthly caregiver support group
Sacramento campus: Friday, July 15; noon - 1 p.m.; #B Conference Room, Ticon III, reservations required: mpodoreanu@ucdavis.edu.

Meditation workshop
Monday, July 18; noon - 1 p.m.; Room 7106, Glassrock Building, Sacramento campus; Pre-registration not required. Click here for more information.

Retiree Center Caregiver Resources Brown Bag
Thursday, June 28, noon to 1 p.m.; Allewelt Room, Buehler Alumni Center, Davis campus; Registration required: email the Retiree Center.

Retiree Center Events

Fidelity individual consultations
Retirees can schedule in-person or telephone consultations with the UC Davis Fidelity guidance counselor who can review your investments, advise about social security and help with long-term planning for UC retirement accounts.

- In person consultation appointments are available at the Retiree Center (Alumni Center) on the Davis campus or at the Human Resources Office (Ticon 3) on the Sacramento campus. Click here to schedule online, or call (530) 752-5182.
- To schedule a telephone consultation, leave a message at (916) 759-6835.

Click here to view the UC Davis Retiree Center calendar.

UCDEA/UCDEA News & Events

Associations to be at Resource Fair
Representatives from both the UC Davis Emeriti Association (UCDEA) and UC Davis Retirees’ Association (UCDRA) will be at the Resource Fair.

UC RETIREES’ ASSOCIATION

UC EMERITI ASSOCIATION

Come, chat and mingle, meet new retirees and learn what the associations have on tap for the upcoming year. You may join, renew your annual membership or upgrade to life membership.
The UC Davis Retirees’ Association (UCDRA) and the UC Davis Emeriti Association (UCDEA) advocate for all retirees. Members receive discounts on Retiree Center activities and free membership in the Osher Lifelong Learning Institute (OLLI) at UC Davis. Please support their efforts by joining or renewing.

Davis campus & community events

"16-17" Mondavi Season announced

Subscription and single ticket sales have begun for the 2016-2017 season. Retirees receive the same 10% discount as staff (use your retiree AggieCard if needed).

Visit the website for more information.

Folk Music Jam Sessions on Wyatt Deck

Friday, July 15 and 29; noon - 1 p.m.
Wyatt Deck, Arboretum Drive, UC Davis campus

Folk musicians are invited to play together informally during this acoustic jam session at the Wyatt Deck, located on Arboretum Drive next to the redwood grove in the UC Davis Arboretum. Pull out your fiddles, guitars, mandolins, penny whistles, pipes, flutes, squeezeboxes (you name it) and join your fellow musicians for a little bluegrass, old-time blues, Celtic, klezmer, and world music over the lunch hour. All skill levels and listeners welcome.

The event is free; use your RT permit in Visitor Lot 5, at Old Davis Road and Arboretum Drive. For more information, please call (530) 752-4880 or click here.

Click here to view the UC Davis academic and events calendar.
Dairy Queen Blizzard event fundraises for UC Davis Children's Hospital

Tuesday, July 19; 11 a.m. - 1 p.m.
Ellison Building Courtyard

and

Wednesday, July 20; 7 - 9 p.m.
Tower Lobby

Cost: $5

Faculty, staff and students are invited to purchase a Dairy Queen Blizzard and support sick and injured children at UC Davis Children's Hospital, in recognition of Miracle Treat Day. [Click here for more information.]

Click here to view the UC Davis Health System events calendar.

In remembrance

Jarvis Bastian, professor, Psychology; 1/5/2016; no information regarding services.
Osame Doi; 1/5/2016; no information regarding services.
Fredonia Archie, senior surgical technician; 5/9/2016; no information regarding services.
Demetrios Kontaxis, Co-op Ext. advisor; 5/11/2016; no information regarding services.
Diane Benson, clinical nurse; 5/13/2016; no information regarding services.
Gary Colberg, intramural sports, Physical Education; 7/4/2016; services to be held Sat., 7/23, 11 a.m.; ARC Ballroom of UC Davis campus.

The Retiree Center reports the passing of UC Davis retirees when we become aware of deaths. Please email the Center if you hear of a death or service for a colleague.

After the Death of a Loved One is a checklist for UC Davis retirees and their spouses or partners. Get the booklet at retiree events or [click here for a print-friendly download.]

Widow or widower support group (dinner and conversation) -- Tuesdays, 4 p.m., Black Bear Diner, Davis. For more information, email Larry Dean.

Widowed Persons Association of California has chapters throughout the state. If there is not a chapter in your area, you can start one.

Questions & Answers

Questions about retiree AggieCards, parking permits, email etc?
Contact the Retiree Center at retireecenter@ucdavis.edu, (530) 752-5182, or visit the Center's [retiree benefits webpage.}
Questions about retiree medical and dental benefits or Medicare?
Call the UC Davis Health Care Facilitator Program, (530) 752-7840 (Davis) or (916) 734-8880 (Sacramento), or visit the HCFP website.

Questions about pension, beneficiaries or tax withholding?
Call the Retirement Administration Service Center (RASC), (800) 888-8267, or visit the UCNET website.

Questions about UC defined contribution plan, 403(b) or 457(b)?
Call Fidelity Retirement Services, (866) 682-7787, or visit the Fidelity NetBenefits website.