Newsletter of the UC Davis Retiree Center

UC DAVIS RETIREE CENTER

Buehler Alumni Center, Suite 110 Monday – Friday 9 a.m. – noon and 1– 4 p.m.

We are a two-person office, so please call before visiting to ensure that someone is available.

Website http://retireecenter.ucdavis.edu

Contact information (530) 752-5182 retireecenter@ucdavis.edu

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UCDAVIS RETIREE CENTER

retiree

Center News



The Retiree Center honors new retirees with a New Retirees Reception.

New Retirees Edition 2016-2017

Retiree Center provides valuable services for all retirees

Retirement is a monumental milestone. While it is an exciting transition for many, it can also raise a myriad of questions. The UC Davis Retiree Center can help answer these questions. The Center serves as the official link between retirees and the university, and sponsors programs that encourage retirees to continue a connection with the campus. The Retiree

Center provides the following services to retirees and to active employees preparing for retirement from the UC Davis and UC Davis Health System locations:

- Information and referrals for retired faculty and staff
- Retiree activities and day trips
- Support for the UC Davis Emeriti Association (UCDEA) and UC Davis Retirees' Association (UCDRA)
- Connections between retirees and campus volunteer opportunities
- "Transitioning to Retirement" classes for current employees

The Retiree Center is staffed by a director and a program assistant, both full-time employees, and a part-time student assistant. Additionally, the Center is supported by numerous volunteer retirees who assist with events and special projects.

Communications

The Center's primary means of communication is via weekly email updates. For the most current news and event information, please provide the Retiree Center your post-employment email address (see related story about retaining a UC Davis email address on page 3). Retirees may unsubscribe from the email list at any time.

For retirees without email, the Center produces the *CenterNews* newsletter each fall quarter. Please contact the Retiree Center to indicate preferences and/or make address changes.

Retiree Center website

The Retiree Center website, http://retireecenter.ucdavis.edu, is a valuable resource for new retirees. The website contains details about upcoming events, answers to frequently-asked questions, information about retiree benefits and discounts, links to volunteer opportunities and helpful resources.

Retirees' and emeriti associations and the Retiree Center

The Retiree Center, the UC Davis Emeriti Association (UCDEA) and the UC Davis Retirees' Association (UCDRA) work closely together, but there are significant differences in structure and scope of the Center and the two associations.

The Retiree Center is a campus-funded department within the unit of Development and Alumni Relations. The Center serves more than 9,500 retirees and membership is not required to access the Center's services.

The UCDRA and the UCDEA are volunteer member organizations that play a vital role at the local and state levels in advocating for and fostering retiree benefits and privileges. The associations also offer social and educational events for their members. Association members receive discounted prices on Retiree Center trips and activities, as well as a complimentary membership to the Osher Lifelong Learning Institute (OLLI), which offers quality, affordable classes and events for mature adults.

Retirees are encouraged to join their respective associations. All retirees are eligible to become members of the UCDRA. Retired members of the Academic Senate and non-Senate recipients of the emeritus/a title are eligible to be members of the UCDEA and may also choose to join both associations. Non-Senate academics and non-academics who hold Management and Senior Professional, Grade III or above, or Senior Management Group positions may apply for emeritus/a status if they have at least 10 years of service, have attained the highest rank in their title series and have evidence of noteworthy and meritorious contributions to the educational mission and programs of the university and their profession.

Retirees who wish to join an association may contact the Retiree Center or visit either association's website at: http://emeritiassociation.ucdavis.edu and http://ucdra.ucdavis.edu.

Retiree privileges and discounts

he university offers several privileges and discounts to retired faculty and staff.

Retiree (RT) parking permit

Retirees can obtain a complimentary "RT" (retiree) parking permit from the Transportation and Parking Services (TAPS) Office on the Davis campus. For details, visit the Retiree Center's website or contact TAPS directly at:

Telephone: (530) 752-8277 Website: http://taps.ucdavis.edu

Retiree AggieCard

With a retiree *AggieCard*, retirees are entitled to discounts at various campus venues, including the Department of Campus Recreation and Unions, the Mondavi Center, OLLI and University Dining Services. For an appointment, visit the Retiree Center's website or contact the employee ID program at:

Telephone: (530) 754-7766 **Website:** http://employeeid.ucdavis.edu

UC Davis email address

Davis campus

Davis campus faculty may arrange with their home department to retain their current UC Davis email address.

Davis campus retired staff may apply for a complimentary service within 90 days after retirement that will forward one's current *mailid@ucdavis.edu* email to an external email address of his/her choice (e.g., *retireename@gmail.com*). Please note that when the Kerberos account is closed at the end of 90 days, you will not have access to any email currently in your account.

Sacramento campus

UC Davis Health System campus retired staff cannot continue their UC Davis email, as accounts are disabled upon retirement due to HIPAA regulations.

UC Davis Health System physicians emeriti who have a business reason to continue using UC Davis email may arrange with their home department to retain their email address.



John Fetzer, happy to return to campus as a volunteer, uses his RT parking permit.

For more information, visit the Retiree Center website or contact the IT Express Computing Help Desk directly at:

Telephone: (530) 754-HELP (4357) **Website:** http://emailforwarding.ucdavis.edu

University library card

The *AggieCard* also serves as the library card. Library privileges for retired staff must be renewed annually; emeritus/a privileges do not expire. For details, contact the library directly or visit their website at:

Telephone: (530) 752-6561 Website: http://www.lib.ucdavis.edu

Important Health Insurance Information for New Retirees

hen employees retire, they generally get an extra month of UC health insurance coverage paid for through UC Davis. For example, a retiring employee whose last day on pay is in June would have coverage through the end of July.

Period of Darkness

Because UC pays for health insurance premiums automatically, in the middle of each month, there can be a temporary gap in the information received by the insurers when employees transition into retirement (assuming that they are eligible for health insurance through the UC Retirement System). We refer to this gap as the Period of Darkness. The Period of Darkness is usually the first half of the first month of coverage through the UC Retirement System. Therefore, the Period of Darkness for a July 1 retiree (whose last day on pay was in June) would be the first half of August.

During the Period of Darkness, your medical, dental, and/or legal plans may not yet be aware of the UCRS coverage, so new retirees should avoid filling prescriptions, making dental appointments, etc. until the Period of Darkness has passed. By then, the plans should have been apprised of the UCRS coverage.

The new enrollment through UCRS usually results in the generation of new ID cards and the assignment of new group numbers, so retirees should be sure to use the most current ID cards and health insurance information after it takes effect.

Note: New retirees who coordinate their UCRS coverage with Medicare (usually because they are 65 or older) should not have a Period of Darkness for their medical coverage because Medicare-coordinated plans are manually updated by form.

New retirees will receive termination letters regarding their health coverage

When employees retire, UC Davis stops paying for their insurance coverage. But for most, the UC Retirement

System will start sending payments for their medical, dental, and/or legal coverage such that the retiring employee's coverage will be continuous. Termination letters are sent automatically from the health plans whenever UC Davis stops paying for coverage, but <u>those who</u> <u>qualify for UCRS coverage can safely ignore such letters</u>.

Similarly, offers of COBRA continuation coverage (at the member's expense) are sent by a company called CONEXIS when UC Davis stops paying for coverage for a separating employee. Again, <u>those who qualify for</u> <u>UCRS coverage can safely ignore the CONEXIS COBRA</u> <u>letter.</u>

New retirees who qualify for UC retiree health benefits

During the retirement process, new retirees who qualify for UC Retirement System health plan coverage should follow the instructions provided by their UCRS retirement counselor in order to retain their UC health coverage into retirement.

Medicare is federal health coverage for most people who reach age 65, for the disabled, and for those with certain illnesses. Because Medicare is the primary health coverage for most retirees, UC requires most eligible retirees to enroll in Medicare. New retirees who are eligible for Medicare or whose covered dependents are eligible for Medicare, should contact the UC Davis Health Care Facilitator Program for local, individual assistance coordinating Medicare with their UCRS health coverage.

If you have any questions or concerns, the UC Davis Facilitator Program continues to serve retirees just as when you were employed. Please refer to the website for contact information: http://hr.ucdavis.edu/hcf.

- » If eligible, work with your department to retain your campus email address (emeriti/ae) or contact IT Express to apply for a complimentary email forwarding service (see all eligibility requirements on page three).
- » Inform the Retiree Center of your post-employment email address so we can keep you informed of important retiree issues.
- » Join the UC Davis Retirees' Association (UCDRA) and/or UC Davis Emeriti Association (UCDEA) to support their advocacy efforts on behalf of all retirees.
- » Obtain your retiree AggieCard, which entitles you to a variety of benefits and discounts across the UC Davis campus and serves as your UC Davis library card. (See Retiree Center website for current instructions.)
- » Obtain your complimentary retiree (RT) parking permit. The RT permit provides retirees with "A" parking privileges on the Davis campus and "B" parking privileges at the health system campus. (See Retiree Center website for current instructions.)
- » Check your beneficiaries on the "At Your Service Online" website. Please check that both the beneficiaries and the contact information are correct and current.
- » Your pension is paid monthly. You may see your "Benefit Statement" in the blue section of the right-hand column in the "At Your Service Online" website.

Retiree Opportunities



Retirees have many opportunities to learn, volunteer or teach with OLU.

OLLI offers classes

The Osher Lifelong Learning Institute (OLLI) at UC Davis Extension offers adults an amazing variety of provocative and affordable courses, informative programs and cultural events to serve active minds—learning for the joy of learning.

OLLI offers a free membership for the 2016 - 2017 academic year to members of the UC Davis Retirees' Association and UC Davis Emeriti Association.

If you have questions or for additional information, contact OLLI directly at (530) 757-8777 or visit their website at www.extension.ucdavis.edu/olli.

Video Records Project creates oral history

The UC Davis Emeriti Association's Video Records Project seeks to create an oral history of the UC Davis campus by recording one-on-one interviews of emeriti/ ae as well as non-Senate faculty and others who have made significant contributions to the development of the university. Significant contributions can be in a variety of areas such as teaching, research, administration, public service, program development and student advising.

The project began in 1992 and has completed more than 420 interviews. The DVDs are available at Shields Library (Special Collections) and are shown regularly on the Davis Community Television Station (DCTV).

The Video Records Project is coordinated by a loyal and dedicated cadre of volunteers who make contact with potential interviewees, record the interviews, edit the recordings and distribute the final products. Both interviewer and interviewee receive complimentary copies of their DVD. These DVDs often become a family treasure and additional copies can be requested.

Committee members attempt to contact all newly-retired emeriti/ae and campus administrators. The



The Video Records Project is entirely administered by volunteers. Opportunities are available for recruiters, schedulers, videographers and interviewers.

UCDEA urges all emeriti/ae and administrators to take the opportunity to make this contribution to the university, their family, their department, their colleagues and future historians.

Emeriti/ae who have not been contacted after retirement can reach a member of the Video Records Project Committee by contacting the Retiree Center.

Volunteering offers far-reaching benefits



The UC Davis Retiree Center relies on volunteer assistance for its many programs.

Volunteering has lasting positive impacts on an individual's health and happiness, especially among older adults.

Seniors who volunteer on a regular basis (at least two hours per week) report a greater sense of satisfaction and personal fulfillment in their lives. People who volunteer tend to live longer and retain their independence later in life.

Information and website links for many volunteer opportunities on the Davis and Sacramento campuses can be found on the Retiree Center website.

Health Care Facilitator Program assists retirees



UC Davis Health Care Facilitators Guerren Solbach and Erika Castillo help retirees as well as employees.

The UC Davis Health Care Facilitator Program (HCFP) helps current employees and retirees understand and obtain the full benefits available from UC-sponsored health insurance plans. The health care facilitators also play a vital role helping retirees enroll in Medicare.

The Health Care Facilitator Program has office hours on the Sacramento campus, tel: (916) 734-8880 and Davis campus, tel: (530) 752-7840. For more information visit the HCFP website at: http://www.hr.ucdavis.edu/hcf.

Retirees welcome at Worklife and Wellness classes

UC cares about you even in retirement. Watch the Retiree Center's weekly *News&-Events* email. Within the "Campus and Community Events" section we will let you know of upcoming classes offered by the Worklife and Wellness program. If you have enjoyed the noon brown-bag series such as "Increasing Your Motivation Naturally," "Growing an Urban Garden," "Fun with Zumba," or the many varied topics that have been offered over the years, you are welcome to continue to participate as a retiree. Remember to use your RT parking permit when you come to campus. We try to list classes on both the Davis and Sacramento campuses.

If you have questions or for additional information, you may contact the Worklife and Wellness program directly at (530) 752-1766 or visit their website at http://sdps.ucdavis.edu/brown_bag/worklife_wellness.html.

Retirement Administration Service Center (RASC)

The Retirement Administration Service Center (RASC) at the UC Office of the President in Oakland supports members of the university as they transition into retirement.

The RASC provides plan members — employees, retirees and their eligible family members — information they need to understand their options, make informed decisions and effectively manage their benefits.

The RASC coordinates services for the University of California Retirement Plan (UCRP) retirement income, UCRP disability income, survivor benefits and UC-sponsored health and welfare benefits.

The RASC maintains the *At Your Service* website, where retirees can view or download their monthly pension benefit statements, see health and welfare benefit enrollments, make changes during Open Enrollment, update beneficiaries and find additional information on all UC retiree benefits.

Telephone: (800)888-8267 Website: https://atyourserviceonline.ucop. edu/ayso

