

Newsletter of the UC Davis Retiree Center

retiree CenterNews

UC DAVIS RETIREE CENTER

Buehler Alumni Center, Suite 110

Monday – Friday
9 a.m. – noon and 1 – 4 p.m.

We are a two-person office, so please call before visiting to ensure that someone is available.

Website

<http://retireecenter.ucdavis.edu>

Contact information

(530) 752-5182

retireecenter@ucdavis.edu



The UC Davis Retiree Center serves all retirees and acts as an umbrella organization over the UC DRA and UCDEA.

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The UC Davis Retiree Center turns 10!

The Retiree Center will celebrate ten years of service to UC Davis retirees. To mark the special occasion several special guests will be in attendance at the UC DRA/UCDEA Holiday Luncheon in December. (Please note: below is a brief overview of the evolution of the Retiree Center. These remarks are taken from a full report entitled, “The UC Davis Retiree Center – From Concept to Reality,” by Charles E. Hess. The full report is available on the Retiree Center’s website.)

It took a dedicated group of retirees, staff and university administrators over four years to develop and implement the concept of the UC Davis Retiree Center. Numerous retirees from both the UC Davis Emeriti and Retirees’ Associations (UCDEA and UC DRA) played an instrumental role in the initial concept, evolution and the original proposal to campus administration

which ultimately resulted in the funding and formation of the Retiree Center.

The concept of the Retiree Center at UC Davis was initiated by the UC Davis Retirees’ Association in the spring of 2002. Howard Frank, then president of the UC DRA, drafted a proposal to establish a retiree center at UC Davis. This may have been the result of a previous report by Ralph Nair (then Historian of the Council of University of California Emeriti Associations (CUCEA)) which identified that four of nine campuses (this was prior to UC Merced) had established centers with either full- or part time staffing. His findings and report were presented in 2002 at a CUCRA/CUCEA bi-annual meeting (Council of University of California Retiree Associations and Council of University of California Emeriti Associations). Later that same

year Frank discussed the concept of a Center with Ed Costantini, then president of the UC Davis Emeriti Association. The UC DRA and UCDEA



Doreen Barcellona Strnad, first program coordinator of the UC Davis Retiree Center; 2006-2008

joined forces and through their subsequent efforts (and that of their respective boards) the proposal was updated and continued to move forward. While the pace of the Center’s development was sometimes slow due to budgetary and administrative hurdles, the



**Open Enrollment
for 2017
10/27-11/22/16**

**Local and online events scheduled
– see insert, pages 3 & 4**

UC DAVIS
HEALTH CARE FACILITATOR PROGRAM

Turns 10, cont'd from page 1

perseverance of the original committee of retirees and great support from the Offices of the Chancellor and Provost and Human Resources eventually paid off. One of the first milestones was when the proposal for a center was approved by then Provost Virginia Hinshaw in 2005. The Center's first advisory committee was also appointed in the same year.

The Center opened its doors for business in June 2006 following the appointment of Doreen Barcellona Strnad as the Center's first program coordinator. Doreen left this position in 2008 and was followed by Sue Barnes who managed the Retiree Center from 2009-2016.

Join us at the UC DRA/UCDEA Holiday Luncheon in December where we will

take a moment to celebrate the Center's many milestones and recognize those responsible for bringing this important resource program to UC Davis retirees.



Sue Barnes, director of the UC Davis Retiree Center; 2009-2016

Retiree Fall Meeting

Join the UC Davis Retirees' and Emeriti Associations for the annual fall meeting which will feature a keynote presentation by Dr. Michael McCloud, as well as an Open Enrollment update by Guerren Solbach, Health Care Facilitator at UC Davis. The fall meeting is generously supported by Paradise Valley Estates, a continuing care retirement community in Fairfield, California.

The keynote presentation by Dr. Michael McCloud will focus on the Mini Medical School. Founded at UC Davis in 2002, the Mini Medical School has opened the doors of its School of

Medicine each February to give community members the opportunity to attend classes focused on normal human aging and avoidance of age-associated disease. Although the program is geared for the foresighted middle-ager and novice senior, there are no age limits for Mini Medical School. The program is ideal for those with a passion for understanding the science of aging well and living well.

Duke University-trained geriatrician Michael K. McCloud, M.D. is creator and course director of the University of California, Davis, acclaimed "Aging and Medical Science: A Mini Medical

To participate in the Holiday Luncheon, please register online at the Retiree Center website (see page 1)

The Retiree Center would like to recognize the efforts of the following individuals (in alphabetical order) that played a critical role in bringing this resource to UC Davis:

Gloria Alvarado, Ed Costantini, Bob Eernisse, Howard Frank, Anne Gray, Calvin Handy, Liz Hansen, Leslye Hays, Charles Hess, Virginia Hinshaw, Arlene Kasmire, Charles Lacy, Bob Loessberg-Zahl, Don Margolis, Barbara Nichols, Deanna Falge Pritchard, Dennis Shimek Rick Vorpe, Richard Wydick and John Yates.

Becky Heard is the interim director of the Retiree Center. She began her career

at UC Davis as an executive assistant at the Primate Center. She later worked for many years at the Graduate School of Management in several different positions. In 2012, Becky began serving as the director of Parent and Family Programs, a unit of the Cal Aggie Alumni Association. In her role with Parent and Family Programs, she manages a volunteer parent council, a volunteer ambassador program, and has a passion for people and event planning. Becky is thrilled for the opportunity to work with retirees.

I find that the UC Davis retiree community continues to provide this campus with a wealth of institutional knowledge and expertise. Additionally their volunteer, philanthropic and personal interests and endeavors are incredibly inspiring to me on a daily basis! ~Becky Heard

School to Prepare for Life's Second Half." Following fifteen years in private medical practice in San Francisco, Dr. McCloud directed clinical geriatrics at Yale-New Haven Hospital. He developed the UC Davis Internal Medicine Faculty Practice, and co-directs the Geriatric Clinic. He was a founding member of the medical-scientific council of the Alzheimer's Association of Northern California and Northern Nevada. He lectures nationally on issues of aging and health.

Open Enrollment Updates

Open Enrollment for 2017 takes place

from October 27 to November 22, 2016. As part of the Fall Retiree Meeting, Mr. Solbach will present a short summary of healthcare changes in coverage and the major impacts of the upcoming Open Enrollment. Guerren Solbach has been the Health Care Facilitator for UC Davis/UC Davis Health System since 2002. The Health Care Facilitator Program increases the value of UC health benefits by making them work for employees and retirees. Prior to becoming the health care facilitator, Guerren served as a Benefits Representative for UC Davis Employee Benefits from 1996-2002 and is a UC Davis alumnus.



Presentations for UC Retirees

Presentation: UC Retiree Medical Plans

- ▶ **Wednesday, Nov. 2, 2016 @ 9:00 a.m.** in the Cancer Center Auditorium, Sacramento campus
- ▶ **Wednesday, Nov. 2, 2016 @ 2:00 p.m.** in the Cancer Center Auditorium, Sacramento campus
- ▶ **Friday, Nov. 4, 2016 @ 10:00 a.m.** in the ARC Ballroom, Davis campus
- ▶ **Friday, Nov. 4, 2016 @ 1:00 p.m.** in the ARC Ballroom, Davis campus

Health Care Facilitator Guerren Solbach will provide a general overview of the medical insurance plans that UC offers to retirees and their dependents. UC’s 2017 medical plans, with and without Medicare, will be compared and contrasted. UC’s Medicare requirements will also be discussed. Seating for HCF Program Presentations and Help Desks is **first come, first seated**. Reservations are not required. (Approximately 2 hours.)

Help Desks @ UC DAVIS RETIREE CENTER

Guerren Solbach and Erika Castillo from the UC Davis HCF Program will offer **Help Desks on November 16 & 18 at the Retiree Center** (in the Alumni Center) to assist retirees with questions during Open Enrollment. Assistance is first come, first served; retirees are asked to arrive within the following time windows to reduce waiting times:

- ▶ **Last names A – E: Wednesday, November 16, 8 a.m. – noon**
- ▶ **Last names F – K: Wednesday, November 16, 12:30 – 4 p.m.**
- ▶ **Last names L – Rh: Friday, November 18, 8 a.m. – noon**
- ▶ **Last names Ri – Z: Friday, November 18, 12:30 – 4 p.m.**

If you cannot arrive during your suggested window of time, then come when you can within these time periods.

For **Help Desks**: If you have Internet access, it would be helpful if you could come prepared with your At Your Service Online user name/password. If you don’t know your password, you can use **atyourserviceonline.ucop.edu** to reset it. (If you are locked out of your account call 1-800-888-8267, Mon. – Fri., 8:30 a.m. – 4:30 p.m. for assistance.)

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Davis: (530) 752-7840
Sacramento: (916) 734-8880
<http://www.hr.ucdavis.edu/hcf>

If you are eligible for less than 100% of the UC contribution toward medical/dental insurance:

To see your rates for next year, log on to <https://atyourserviceonline.ucop.edu> during **Open Enrollment**, October 27 @ 8 a.m.—November 22 @ 5 p.m.

No access to the Internet?

For rates, **during Open Enrollment** call the UC Retirement Administration Service Center at 1-800-888-UCOP (8267) to speak with an Open Enrollment Customer Service Representative.

Open Enrollment booklets should be sent by mail beginning 10/21/2016

Streaming video:

Can't attend? For your convenience, presentation slides and streaming video of narrated slideshows will be available on the HCF Program website shortly after the scheduled presentations:

<http://www.hr.ucdavis.edu/hcf>

Parking for HCF Program Presentations

Parking for the **Activities & Recreation Center (ARC)** and the **Retiree Center:**

Parking on the Davis campus requires a permit and will be first come, first served. If you do not already have a complimentary UC Retiree (RT) permit, daily permits can be purchased for \$9.

The Retiree Center is located in the Walter A. Buehler Alumni Center, in Suite 110, on the Davis campus.

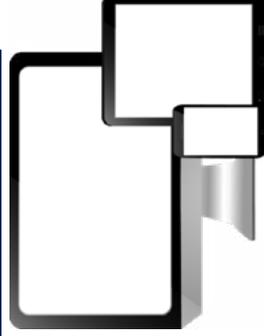
Parking for the **Cancer Center Auditorium, 2279 45th Street:**

Parking on the Sacramento campus can be obtained by displaying a permit in surface lots. If accessing parking in any of the structures, the cost is \$2/hr. Permit parking in B lots is on a “first come-first served” basis. Retiree (RT) permits are eligible to park in any B lot. Parking in the structure adjacent to the main hospital is available on the lower level, level 1, level 2 or level 3 in the ungated area at \$2/hr. Parking in Parking Structure #2 adjacent to the Ellison Ambulatory Care Bldg., 4860 Y Street, is allowed on the 2nd floor or higher. Daily parking for \$6 is available in Lots 12, 14, 16 and 18. Shuttle service is available. Please visit the Parking website at www.ucdmc.ucdavis.edu/parking, Parking, Maps and Directions to obtain a shuttle schedule.

For information on how to obtain a free RT parking permit:

<http://retireecenter.ucdavis.edu> (click on Retiree Services) or call (530) 752-8277.

UCDAVIS
HEALTH CARE FACILITATOR PROGRAM



ASSOCIATION MESSAGES

Dear Emeriti Colleagues,

I hope you all had enjoyable summers and are ready to start a new year and engage in UC Davis' fall activities. Summer has been an active time for Tom Sallee and me as we collaborated with UC Davis Retirees' Association (UCDRA) President Dave Shelby and Vice President John Meyer in discussions on future directions for the Retiree Center and new director position. Vice Chancellor Shaun Keister and Assistant Vice Chancellor Rich Engel proposed a new reporting structure with a redefined position, Director of Affiliate Programs. This position would be responsible for not only overseeing the direction of the Retiree Center, but also the development and oversight of a satellite Retiree Center in Sacramento, along with the Cal Aggie Alumni Association's Parent and Family Program. With this model, several opportunities were identified to strengthen the programs and services for emeriti. We also participated in the development of a position description for the Director of Affiliate Programs. UCDEA will have representation on the recruitment committee for the new director that will be conducted this fall.

At the August Campus Community Council meeting, it was announced that the search for a new UC Davis Chancellor would be conducted this fall with the intention of having a new chancellor appointed in January. A subcommittee of the Regents' recruitment committee will have visited campus on September 27th to gather information from campus constituents during this recruitment process. We anticipate having one to two emeriti representatives at the table to advise this committee.

Please join us on October 21, 2016, for the annual fall joint meeting with the UCDRA. Michael McCloud, the founder of the mini-medical school, will be giving our keynote address. This is an excellent opportunity to learn more about this year's open enrollment options from Gueren Solbach. This will also be an excellent time to reconnect with former colleagues. I hope to see many of you there.

As we embark on another busy academic year, please let me know if you have any questions or concerns that you would like the Executive Committee to address. I look forward to hearing from you.

Jo Anne Boorkman, UCDEA President, 2016-2017

This fall, this year—especially as the search for our new chancellor gets underway—offer unusual opportunities for retirees to engage and influence.

Your UC Davis Retirees Association (UCDRA) aims to bring your voices to important campus and university discussions—from the qualities most important in prospective chancellor candidates to retiree benefit decisions considered by the Office of the President and the UC Regents. To strengthen our advocacy efforts at both the local and system-wide level, we're partnering with the UC Davis Emeriti Association (UCDEA) and looking to do even more mutual outreach in the months ahead.

This year, we also want to offer you more programs of tangible, day-to-day personal value. This past year, for example, we piloted a brownbag workshop on caregiving as well as a caregiver support group. We'll continue to explore other possibilities for tailoring WorkLife and Wellness programs to retirees. Have an idea or a particular need? Please let me know at drshelby@ucdavis.edu.

Lastly, you, especially, know the many ways retirees continue to contribute in very meaningful ways to this remarkable university. The Council of UC Retiree Associations (CUCRA) wants to turn that campus-by-campus anecdotal information into UC-wide data that will complement the recent survey of UC's emeriti faculty. You should receive an e-mail in late September inviting you to participate in an on-line survey about your post-retirement activities. I hope you'll participate. Your responses will help us better advocate on your behalf. Here's to a great year ahead!

Dave Shelby, UCDRA President, 2015-2017

UCDEA EXECUTIVE OFFICERS 2016–2017

Officers

Jo Anne Boorkman, President

Tom Sallee, Vice President

Peter Hays, Secretary

vacant, Treasurer

Buzz Haughton, Archivist

Lyn Lofland

Immediate Past President,

Members-at-Large

Joel Dobris (2015–2017)

Bob Flocchini (2014–2016)

Gibbe Parsons (2014–2016)

UCDRA EXECUTIVE OFFICERS 2016–2017

Officers

Dave Shelby, President

John Meyer, Vice President,

CUCRA Alternate Representative

Linda Vieira, Secretary

Diane Mundy, Treasurer

Deanna Falge Pritchard and

Norma Rice, co-Archivists

Janet Hamilton, Immediate Past President

Members-at-Large

Mike Boyd (2016–2018)

Mike Chandler (2015–2017),

CUCRA Representative

Tom Compton (2015–2017),

UCDRA representative to UCDEA

Carl Foreman (2014–2016)

Kathy Kelly, (Health Sciences, 2015–17)

Maril Stratton (2016–2018)

Do you have Questions?

We have Answers...

Questions about retiree ID cards, parking permits, library cards, Emeriti or Retirees' Associations, or other retirement issues?

UC Davis Retiree Center

Telephone: (530) 752-5182

Email: retireecenter@ucdavis.edu

Website: <http://retireecenter.ucdavis.edu>

Issues with your UC health plans not resolved by your insurance company? New to Medicare?

Health Care Facilitator Program

Telephone: (530) 752-7840 (Davis) or (916) 734-8880 (Sacramento)

Website: <http://www.hr.ucdavis.edu/hcf>

Questions about pension income, beneficiaries, change of address, or tax withholding?

Retirement Administration Service Center (RASC) – UC Office of the President

Telephone: (800) 888-8267 (extension 4)

Website: <http://atyourservice.ucop.edu>

Questions about the UC defined contribution plan, 403(b) or 457(b) plans?

Fidelity Retirement Services

Telephone: (866) 682-7787

Website: <http://netbenefits.com>

Retiree Fall Meeting

Date/Time: Friday, October 21; 2 – 4 p.m.

Location: Ballrooms, UC Davis Conference Center. Davis campus

Cost: free

Registration: register by Oct. 14; online (link on Retiree Center website, see page 1 for address) or call (530) 752-5182.

BrainFood Talk

What's Up at the RMI?

Clare Hasler, Executive Director of the Robert Mondavi Institute (RMI)

Date/Time: Thursday, November 10; 11:30 a.m. – 1 p.m.

Location: AGR Hall, Buehler Alumni Center. Davis campus

Cost: free; no need to register

In 2001, California vintner Robert Mondavi's gift of \$25 million to UC Davis established the Robert Mondavi Institute for Wine and Food Science that, today, forms the cornerstone of a \$100 million state-of-the-art facility home to two academic departments and two Centers of Excellence. The institute houses the world's only LEED Platinum winery, brewery and food-processing facility. Since 2012, the Institute has awarded over \$450,000 in Fellowships, Scholarships, Internships and Travel Awards for outstanding students.

Bring your own brown-bag lunch. Coffee, tea, and cookies will be provided by the associations. Use your RT permit in either Parking lot 1 or the Gateway Parking Structure

UC Davis Retiree Center 10th anniversary celebration

Date/Time: Thursday, December 15 11:30 a.m –1 p.m.

Location: AGR Hall, Buehler Alumni Center, Davis campus

Cost: UCDEA/UCDRA members & guests/\$20; non-members & guests/\$25

Registration: register by Dec. 8; online (link on Retiree Center website, see page 1 for address) or call (530) 752-5182.



Please plan to join the Retiree Center for a special luncheon to honor our founders and celebrate the ten wonderful years that the Retiree Center has served UC Davis retirees.

The celebration will be held in conjunction with the UC DRA/UCDEA Holiday Luncheon (see below).

UCDRA/UCDEA Holiday Luncheon

Date/Time: Thursday, December 15 11: 30 a.m. – 1 p.m.

Location: AGR Hall, Buehler Alumni Center. Davis campus

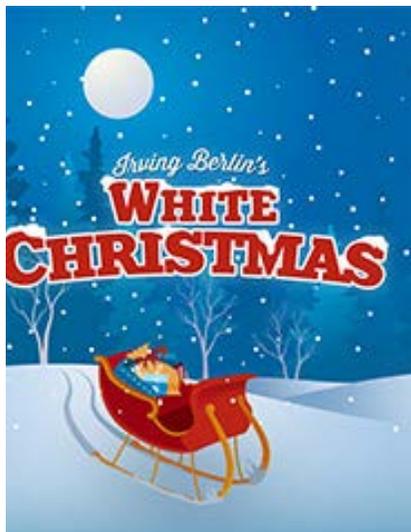
Cost: UCDEA/UCDRA members & guests/\$20; non-members & guests/\$25

Registration: register by Dec. 8; online (link on Retiree Center website, see page 1 for address) or call (530) 752-5182.

Join us for the annual holiday luncheon and help the Retiree Center celebrate ten years of service to the UC Davis community. Many of those who played integral role in the creation of a UC Davis Retiree Center will be in attendance. Mix and mingle with friends while enjoying a glass of sparkling cider and a special buffet luncheon. Festive holiday attire is suggested.

Please note: this year in lieu of our traditional entertainment provided by the Davis High School Madrigal choir, we will have a special program to recognize the UC Davis Retiree Center's tenth anniversary as well as those who have played a role in its many successes





Day Trip: White Christmas, the musical

Date/Time: Wednesday, December 21; 9:15 a.m. – 6:30 p.m.

Location: departs Parking Lot 2

Cost: UCDEA/UCDRA members & guests/\$135; non-members & guests/\$150

Registration: register by Nov. 14; online (link on Retiree Center website, see page 1 for address) or call (530) 752-5182.

Celebrate the holidays with a trip to San Francisco to enjoy a special matinee performance of Irving Berlin's White Christmas at the historic Golden Gate

Theatre. White Christmas is a lavish new production of the holiday classic that the New York Times says to "put at the top of your wish list!"

We will be enjoying a wonderful lunch at McCormick & Kuleto's Seafood & Steaks, located in San Francisco's historic Ghirardelli Square. Enjoy your choice of entrée — Parmesan Crusted Petrale Sole with Lemon Butter Sauce, Breast of Chicken with Roasted Pear Bandy Sauce, or Vegetarian Chef's Selection — while taking in expansive views of the San Francisco Bay, Alcatraz

Island, Aquatic Park, Angel Island and the marina. We will finish lunch with coffee and cookies.

Registration form and fees must be received no later than Thursday, November 14. Retiree Center trips often fill, so earlier registration is advised. Bus seating will be assigned from the front of the bus towards the back in the order registration is received at the Center. Those with mobility limitations will be given preference for the front of the bus.

STAY CONNECTED: Mark your calendars for upcoming retiree events in 2017

Please visit the UC Davis Retiree Center website for details and updates: <http://retireecenter.ucdavis.edu>

BrainFood Talk

Date/Time: Thursday, January 12, 11:30 a.m. – 1 p.m.

Location: Buehler Alumni Center, Davis campus

UCDRA Winter Meeting

Date/Time: Thursday, February 2, 11:30 a.m. – 1 p.m.

Location: MIND Institute, Sacramento campus

BrainFood Talk

Date/Time: Thursday, March 9, 11:30 a.m. – 1 p.m.

Location: Buehler Alumni Center, Davis campus

Campus Tour: TBA (UCDEA/UCDRA members only)

Date/Time: Wednesday, March 16,

Location: TBA

BrainFood Talk

Date/Time: Thursday, April 13, 11:30 a.m. – 1 p.m.

Location: Alumni Center, Davis campus

Campus Tour: TBA (UCDEA/UCDRA members only)

Date/Time: Tuesday, April 26

Location: TBA

UCDEA Spring Meeting

Date/Time: Thursday, May 11, 11:30 a.m. – 1:30 p.m.

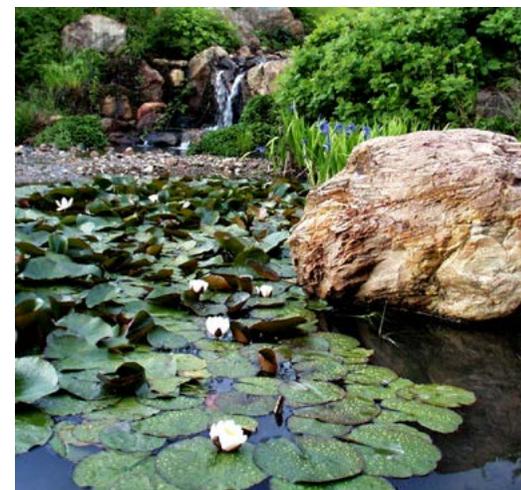
Location: Buehler Alumni Center, Davis campus

UCDRA Spring Meeting

Date/Time: Thursday, May 18, 1

1:30 a.m. – 1:30 p.m..

Location: Buehler Alumni Center, Davis campus



Day trip: Quarryhill Botanical Garden (Glen Ellen)

Date/Time: Thursday, May 25.

Location: bus departs from Parking Lot 2, Davis campus